

# CONVICTION

STANDING FOR WHAT  
IS RIGHT EVEN WHEN  
OTHERS DON'T.

WEEK ONE

## MATTHEW 5:10

## DAY 1

Do you know what the word "suffer" means? If not, take a second to look up the definition of the word. Write what you learn here:

So, how could doing the right thing lead to "suffering"? Well, what if you're the **ONLY** one willing to stand up for someone that's being bullied? Or, what if you're the **ONLY** one who doesn't cheat when the teacher leaves the room? And, what if you're the **ONLY** one who tells the truth even if it might get you in trouble?

You see, standing up for what is right might set you apart from everyone else. Other people might call you names or think you're strange. But Jesus' words can remind you of something **SUPER** important. Though you might suffer for doing the right thing, Jesus said you will be **BLESSED**. You might be blessed with a good feeling knowing you've helped someone. Or, you might be blessed with kindness from the teacher because you respected them.

Take a minute to think about a time when you stood up and did the right thing lately. How did that decision lead to being "blessed?" Talk to God about it.

**THANK** God for being there for you when you suffer for doing the right thing.

## MATTHEW 5:11-12

## DAY 2

When we stand up for what is right, other people might not understand. They might decide you're not "cool" or tease you for making wise choices. Sometimes standing up for what's right might make you feel alone. But Jesus promised that when you do the right thing, God is with you. The key is to stop listening to the people around you that don't follow God and focus on listening to Him instead.

Let's practice focusing our listening. Find a pair of earmuffs or earplugs. Turn on some music and put on the earmuffs/earplugs. Can you still hear the music? If you're ever in a situation where someone starts to make fun of you or call you names because of what you believe, think about these earplugs. When you can learn to tune out those voices and listen to God instead, you'll be reminded that He is always with you, ready to help you stand with conviction.

**ASK** God to help you tune out the negative voices around you and listen to Him.



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WEEK ONE

## MATTHEW 5:13

## DAY 3

Jesus said that you are the salt of the earth. That means you should add value or make a difference in the world around you. It's not just about being a good person or doing the right thing. It's about showing others who Jesus is by allowing Him to work IN you. The only way you can really have conviction is with God's help. And when you allow God to guide you and to help you do the right thing, you can make a big difference in this world.

Ask a grown up to help you cook some eggs WITHOUT adding salt. How do they taste? Now add a little bit of salt. What difference does the salt make? Just like the salt makes your food taste better, we should ask God to help us show conviction and make the world a better place too.

**LOOK** to God and trust Him to help you make a difference.



## MATTHEW 5:14

## DAY 4

Can you think of a time when the power went out at your house? What's the FIRST thing you did? You looked for a light, right? Light is SUPER important. It shows you where to go. Without light, we would all be lost.

In the same way, Jesus said that our lives can act as a light to the world around us. Imagine your friend was lost in the dark and you had a flashlight. Would you hide it in your backpack and refuse to help? No way. You would turn that flashlight on and lead him to safety. But what if your friend doesn't know about Jesus? Your words and actions can be a light that shows others about Jesus. Because the right thing isn't just about being good, it's about pointing others to God.

Grab a flashlight and head outside after dinner with your family. Play "Flashlight Hide and Seek" by selecting a person to be "it" while the rest of the family hides. Use the flashlight to guide you as you find your family in the dark.

**KNOW** that God will help you be a light and stand for what is right.



**JESUS SHOWED US HOW TO  
STAND FOR WHAT'S RIGHT.**