

“Kindness Rocks”

What You Need: Small smooth rocks, variety of spray paint, paint pens or permanent markers, (optional) UV resistant clear acrylic spray

What You Do:

- First things first, you’re going to have to gather the necessary supplies. For the rocks, you want them to be not too big or heavy but not so small that they’re hard to decorate. We found that about 3” across are the easiest to work with but there were also some bigger ones and smaller ones that work great too. Another important factor with rock selection is to make sure at least one side is pretty smooth. It’ll help immensely when it comes time to write on! As for the spray paint and paint pens, or markers you can decide to have as few or as many color selections as you want.
- Outside, lay out some old newspaper or like. Put your rocks on the paper and spray paint one side of the rocks and let them dry in the sun. After your rocks have dried, turn them over and spray paint the other side.

Now the fun part...decorating!

- Gather everyone together, you can throw out a blanket in the grass or set up some table to sit at. Place the dried stones and paint pens in the center of either your blanket or table. It’s time to write your kind words or inspirational message on your rocks, you could even add a few decorations as well. Younger kids may need some help but can totally participate in decorating.
- Once all the stones have been decorated and the paint is completely dry, you can protect the rocks with a couple layers of UV-Resistant Clear Acrylic Coating, if you want.
- Now you’re ready to share your new art with the world! You can walk to a nearby park and hide the rocks behind trees and in the playground. Or put them in your own garden! It will put a smile on your face every time you see one 😊

