

My Kindness Tree

What You Need: blue, brown & green construction paper, scissors, glue, black marker

What You Do:

- Trace child's open hand and forearm onto brown paper and let them cut it out. This is their 'tree' trunk and branches.
- Write 'My Kindness Tree' on the trunk (middle of the forearm).
- Glue tree trunk and branches to blue paper. Bottom of forearm at the bottom of the paper.
- Feel free to add grass around the bottom of the tree if wanted.
- Trace several leaves onto the green paper, make your own or use the template below.
- Have your child cut out multiple leaves.
- Ask your child to name 4-5 ways they show kindness. Write each on its own leaf.
- Have child glue these to fingertip branches.

What You Say:

Your tree looks good, but don't big trees with lots of leaves look the best. Let's cover your tree with all lots of kindness leaves. Every day we can add more leaves, as we write down new ways you have shown kindness on new leaves we will glue them onto your tree. As your tree gets bigger and fuller so will you. You will be getting bigger and fuller of kindness. God loves everyone and He wants us to be good and kind to everyone too. When we are kind, we make others feel better, we feel better when we are kind and we will also be making God happy by showing kindness to others.

